

## How to access the service

Professional practitioners from both statutory and voluntary services can refer carers to our support service, as can a carer themselves or even a family member or friend of the carer.

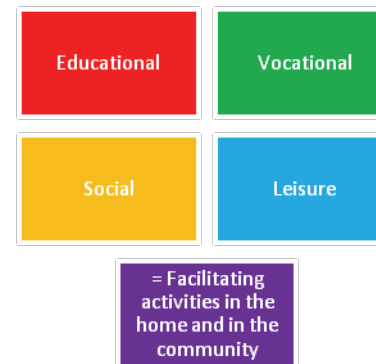
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## Apni Marzie ( Our Choice )



## About Us

Midland Mencap is a local charity which works and campaigns for accessible and inclusive services for better quality of life for everyone with experience of Learning Disability.

## Service Background

Apni Marzi ( Our Choice ) is culturally sensitive, project that puts forward a means of engaging with South Asian women 18+ with an Learning Disability to help facilitating access to locally delivered social, leisure, educational and vocational support services.

## Aims of the Service

- To be a culturally sensitive service
- To support Asian Women ( 18+ ) with an Learning Disability
- Personal Centred Approach
- To promote independence
- All female support staff
- Provide up to a maximum of 4 hours of a week

Providing an opportunity for parent/carers to take a short break, whilst a trained project staff facilitates activities in the home and out in the community.